

Waxing Pre and Post Care

Please AVOID the following activities before waxing:

- Direct exposure to sun or a tanning bed within the previous 24 hours
- Excessive exfoliation or scrubs in the area within 48 hours
- Shaving the area or using hair removal products within the previous two weeks
- Applying lotion in the areas to be waxed
- Consumption of alcohol or caffeinated beverages within several hours

For Brazilian waxing please AVOID the following in conjunction with the above activities:

- Sexual activity within 24 hours
- Trimming the pubic hair less than ¼ inch long

It is recommended that for your first waxing treatment that you wear loose garments for optimum comfort following the service.

If you have any of the following conditions you are not a good candidate for waxing and should speak to your physician for the best hair removal method for you.

- Diabetes
- Weakened immune systems (such as with HIV)
- Client undergoing radiation or chemotherapy treatments.
- Medications that sensitize the dermis—such as the skincare treatments Retin-A, Differin and Accutane generics, as well as blood thinners.

Please AVOID contact with these product and activities immediately following waxing services:

- Tanning beds or sunbathing for 24 hours
- Spray- or self-tanners (especially on the bikini area)
- Exfoliation and topical acidic products for several days
- Hot showers, chlorinated pools, spas and saunas

To reduce redness and irritation after waxing we use:

- After wax soothing oil with Tea Tree

To prevent ingrown hairs it is recommended to:

- Dry-brushing daily exfoliates the skin and allows new hair growth without it becoming ingrown
- Hydrate the skin with a soothing moisturizer